

## Royal Lancaster London launch VIP Wellbeing & Health Services

Five-star Royal Lancaster London, which has just completed an £85 million refurbishment, has partnered with TLC to provide VIP families and guests the best in health and well-being care from within the comfort of the prestigious hotel.

London is a key destination for clients travelling from the Gulf during the summer months for truly the “Best of British” in hospitality, shopping, entertainment and more. The international team of medical, well-being and luxury hospitality professionals at TLC have created a bespoke approach to support each guest’s well-being and health needs.

“Royal Lancaster London has been chosen by TLC as a leading partner in London, for its personalised well-being health services and packages. Gorgeous, calming suites, and newly refurbished rooms overlook the Royal parks of Kensington Gardens and Hyde Park providing a true Wellbeing escape in the heart of London,” said Leo Downer CEO of TLC.

Royal Lancaster London and TLC offer a truly holistic approach for discerning clients and ladies with their family groups. Those who look for the best health and well-being personalised treatment programmes, as they stay in one of London’s premium hotels.

Nicki Page Founding Director of TLC, said, “We have combined the best in luxury hotel accommodation and services, one of the most beautiful locations in central London, bespoke menus for taste, health and nutrition, along with elite therapists, trainers and clinicians, to ensure our guests are delighted while they are with us and long after they have left.”

She continued, “We are proud to partner with the Royal Lancaster London to deliver our whole person approach to health and well-being which can be pre-booked before travel, or from their hotel while on holiday.”

Whether it’s overcoming the rigors of long-haul travel with our massage therapists and osteopaths, assessing and improving your fitness levels with a personal trainer, freeing and balancing your own energies for wellness through acupuncture, Chinese herbs or treatments; along with a Western medical approach through the best medical teams and trusted medical advisors; TLC has the world of care, therapies and support to achieve our client’s recovery and self improvement.

TLC has an integrated approach within and throughout Royal Lancaster London. Guests are provided a Wellbeing and 360 health consultation, in-room therapeutic services, plus have access to the excellent gym with specially selected best of London trainers who can review and approve guests’ nutrition with the chef and our nutritionists. We see our total approach as a true world of wellbeing in the heart of London...”

**TLC** are specialists in the field of luxury hospitality and understanding of Gulf, Asian and VIP clients from global markets for Health and Well-Being. TLC have selected the best therapists and practitioners across western and eastern approaches to wellness; and aligned with the best clinicians and hospitals to ensure they are a trusted guide supporting a client's journey to better health in London. TLC packages particularly focus on well-being, beauty, cosmetic, medical diagnosis and consultation services including genetic health screening, cosmetic, weight management and fertility.

**Location** Royal Lancaster London is located next to and overlooks the royal parks of Kensington Gardens and Hyde Park. Ideally situated for activities and exercise, whether that is walking around the beautiful Italian fountains a minute's walk from the hotel or something more vigorous like a sightseeing jog through the park to the Serpentine Lake, Princess Diana Memorial Walk or Albert Memorial.



### **Data**

Visitors from the Gulf Cooperation Council (GCC) that includes Bahrain, Kuwait, Oman, Qatar, Saudi Arabia and the UAE, are some of the highest spending in the UK. They rank among the top 10 markets most likely to visit luxury stores according to VisitBritain research published in 2017. GCC nationals increased their travel into the UK to 407,045 visits in 2017, their spending also increased with an overall expenditure of £1.7billion. When considering its overall brand, the UK ranked third out of 50 nations, a position it has held since 2011. Tourism is worth £127 billion to the UK economy, creating jobs and boosting economic growth across its nations and regions. (source 2017 Anholt-GfK Nation Brands Index)

Royal Lancaster London is one of the most iconic hotels in the Capital. The hotel recently unveiled its brand new design following an £85 million renovation. The prestigious hotel overlooking Hyde Park has been completely transformed both internally and externally in this universal restructure.

**Royal Lancaster London, Lancaster Terrace, London W2 2TY**  
Reservations on 020 7551 6000 or visit [www.royallancaster.com](http://www.royallancaster.com)

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